

We have a McDreamy

You've spoken, Triangle readers, and you voted Dr. Carroll Overton as the McDreamiest doctor in the Triangle.

We found Dr. McDreamy, er Overton, Monday morning after he finished up a procedure on a patient to tell him the news.

"Oh, my goodness," Dr. McDreamy said.

He cupped the phone and announced the results to the nurses and radiology techs surrounding him. A collective cheer went up. Then the nurses rushed back to tell the patient, who wanted to know if her doctor was McDreamy, he said.

Overton said the contest brought a lot of laughter to his workplace and to his patients, which made it worth playing along.

But he also had to endure some razzing from fellow doctors.

For instance, his partner made fliers with Overton's head pasted on a picture of a body builder. The caption read: "Need your Veins Done?" And they were plastered on walls all over WakeMed Hospital, Overton said.

"Fun was had by all," he said.

Hundreds of votes poured in over the weekend for the 14 doctors nominated as the hottest in the area -- an idea we got from watching "Grey's Anatomy."

And it was obvious from the votes that Overton, a vascular interventional radiologist at Wake Radiology known as "Daddy-O," has a serious fan base. Staff members got behind their man, and we were impressed with their organized effort.

"Everybody was hot to trot to vote," he said of his colleagues. "They were more into it than the sheriff's campaign."

His wife, Dr. Susan Kennedy, helped with the campaign by sending e-mail to everybody asking them to vote.

She wanted him to win, she said, because, let's face it, he's easy on the eyes.

"He's hotter now than when I first met him," she said, adding that he works out every morning and looks as if he's in his 30s even though he's 41.

And she loves it when younger women admire her man.

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Some of you think we missed a few McDreamys. Here are other local favorites:

Dr. Bruce Usher, cardiologist
Dr. Michael Zellinger, cardiologist
Dr. Philip Pretter, radiology
Dr. Gregory Bugaj, internal medicine
Dr. Travis Honeycutt, pediatrics
Dr. William Andersen and Dr. Derek Reinke, orthopedics
Dr. Brett Gurkin, psychiatrist
Dr. Robert Alan Durr, internal medicine
Dr. Gregory Brannon and Dr. Ronald Rogers, OB-GYNs
Dr. Randy Efird, anesthesiologist
Dr. William Vanarthos, radiologist
Dr. Paul Andrews, OB-GYN
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"I just have to beat the girls off at the beach," she said.

But it's not just his looks, she said. He's also kind and the best dad to their two sons.

"That's why everybody loves him," she said. "He goes above and beyond for his patients."

But, she said, his new title won't really help him out at home.

"He still has to take out the trash and do his chores, unless that's part of his prize package," she said.

P.S. McDreamy's hairstylist called and wants credit for the coif. Hair by Manny Garcia.

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Leah Friedman

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